

Typical Day Camp Schedule

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| 8:15 | Arrive |
| 8:30 sharp | Camp Starts |
| 8:30 | Swim Lesson |
| 9:15 | Crafts |
| 10:00 | Snack |
| 10:15 | Fitness/Gymnastics/TKD |
| 11:00 | Outdoor Games |
| 12:00 | Lunch |
| 1:00 | Open Gym |
| 1:45 | Outdoor Activities |
| 2:00 | Snack |
| 3:00 | Open Swim |

What to Wear

Children should wear shorts, t shirts, and running shoes to camp. Some girls may prefer to wear a leotard. If they chose this option, please send shorts for them to wear over the leotard during outside activities. For reasons of SAFETY we ask that your child does not wear flip-flops to camp. Running shoes are preferred. Also no spaghetti straps. Jewelry should be left at home. For girls with pieced ears, small studs are fine. Put your child's name on EVERYTHING. Last names are preferred as it is easier for us to track ownership.

D.E.A.R.

All full day campers will have the opportunity to enjoy our D.E.A.R program daily from 12:30 to 1:00 (Drop Everything And Read). If your child has a book they enjoy, please send it along with them. We will have books available for your child to borrow. Those campers who cannot read will enjoy story time.

Lost and Found

Please put your child's last name on all their belongings. The lost and found area is beside the soda machine. If you are missing something, this is the first place you should look.

What should I bring

Full day Campers

two healthy snacks
one healthy lunch
drinks/water
a bathing suit
towel
change of clothes for those children prone to accidents
running shoes
*pack lunches and snacks in a personal cooler. Do not send food that needs to be heated/boiled (i.e. easy mac.)

Half day Campers

healthy snack
drinks/water
a bathing suit
towel
change of clothes for those children prone to accidents
running shoes

What should I leave at home

toys from home
personal electronics (ipods etc)
soda
junk food
money (unless you would like your child to purchase water or juice throughout the day)

We are not responsible for lost toys or electronics

Please send your child with sunscreen pre applied. We can recommend many 8 hour waterproof brands on the market that will last all day. If you would like sunscreen reapplied during the day, please leave the staff a message on the message board.

Throughout the day we will apply insect repellent if it is deemed necessary. If you do not want this applied to your child please notify your child's counsellor.

EMAIL

Please be sure to give the office your email address. We will be sending out weekly camp newsletters. Keep up on what's happening!

Drop Off procedures

Drop off Begins at 8:15.

Children will be assigned a basket where they may store their belongings for the day. Due to insurance regulations parents are not permitted in the gym. Please be prepared to say good-bye to your child in the drop off area.

Please be prompt. Your child's tardiness, not only affects your child, but every child in your child's group.

Promptness is particularly important in the pool. Your child will not be admitted to his/her swim lesson once swim class has started.

Extended Care begins at 7:30 and ends at 5:30.

This must be pre arranged.

Pick up procedures

Half day Pickup is 12:00

Full Day Pickup begins at 4:20

If you are early for pick up please check in at the main office.

Any one picking up your child should be prepared to show photo identification. On the camp registration form space is provided for you to list any adults other than parents who will be picking up your child. **THESE ARE THE ONLY PEOPLE TO WHOM WE WILL RELEASE YOUR CHILD.** We do not accept verbal permission over the phone if the person is not on the list. Please consider this when arranging car pools.

If you have signed up for late care, please be aware that care ends at 5:30pm sharp. If you are late you will automatically be charged \$5 per 15 minute block. Multiple offenses will be dealt with in an appropriate manner.

Administrative Policies

- ✓ Payment plans are available. All payment plans require a credit card authorization on file.
- ✓ Any changes to the initial registration must be made within two weeks of the initial registration. After that date changes may result in the loss of your deposit for that week. Absolutely no changes can be made after June 13. Additions can be made at any time.
- ✓ There are no refunds, credits or make ups for unused camp days. Illness related make up days require a doctor's note and 24 hours notice.
- ✓ Your child will not participate in camp unless all the necessary paperwork, including the camp medical is on file. Refunds are not available for those missing camp due to lack of paperwork.
- ✓ If you require AKA staff to administer medication to your child, we must have a completed Medication Authorization form on file. These can be found on our website

How to contact the staff

phone: 642-7200

fax: 642-9211

e mail

summer@actionkidsathletics.com
website

www.actionkidsathletics.com

If you would like to contact the camp director, please email Marie Doucette marie.doucette@actionkidsathletics.com. To reach your child's counsellor we have a message board located upstairs. All our counsellors welcome conversations with parents, however please be aware that their first obligation is to the children and at busy times of the day the counsellors' availability may be limited. Mornings are particularly busy for both our children and staff.

Camp Groups

Children will be placed in camp groups based on what grade they will be entering in September 09. Please see below for information specific to your childrens age group

Pre School & Kindergarten ~ Tumblerz

Grades One & Two ~ Twisterz

Please send your child to camp in a bathing suit, as your child will be having their swimming lesson during the early morning rotation. This eliminates a morning change for them and keeps our swim lesson operating on schedule. We remind you that, latecomers will not be allowed to participate in their swim lesson if their swim class has started. Latecomers are disruptive to the program.

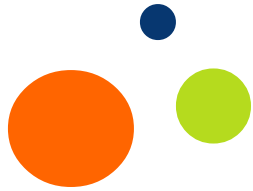
Grades Three & Four ~ Gymmanix

Grades Five plus ~ Flipsterz.

These children should come dressed ready for outdoor games. Please remember that flip-flops, although comfortable, make it difficult to participate in many of our activities.



Summer Camp Parent Handbook 2009



Your child is enrolled in the following weeks. Please check it against your records.



Where summer is tonz of fun!
summer@actionkidsathletics.com
actionkidsathletics.com
642-7200

