



Summer is a great time to try a new program or keep up with the one you love! Call us today to schedule in some summer fun!

## Tumbling

### Tumbling

Work on your basic cheer tumbling skills, backhandsprings, roundoffs and more!

Wednesdays 4:30pm

### Cheer Plyo Fitness

Build your cardio and core strength to be ready for fall tryouts!

Wednesdays 5:30pm

Summer Session One: June 29-July 24

Summer Session Two: July 27-August 28

No Classes August 10-14

## TaeKwonDo

**Beginner:** Tuesdays or Thursdays 4:30pm

**Advanced:** Wednesdays 4:30pm

This is a monthly program.

\$60 per month for one class per week

\$Value package: \$102 for two classes per week

## Gymnastics

Summer gymnastics is a great way to meet new friends, enjoy play time and keep those muscles moving! Please refer to our website for complete program descriptions and policies.

[www.actionkidsathletics.com](http://www.actionkidsathletics.com)

### Tumble Tots & Bugs

Ages walking-3.5 years

Monday or Wednesday 10:15am

### Tumble Bears

Ages 3.5-4.5 years

Monday or Wednesday 11am

### Tumble Girls & KinderGirls

Ages 4.5-entering Kindergarten

Tuesday or Thursday 3:30pm

### BSAP

Boys 4.5-entering Kindergarten

Tuesday or Thursday 3:30pm

### Team Fliptastics

By skill recommendation

Mondays or Thursdays 2pm

### Green or Orange Girls Fliptastics

Entering 1st Grade and up

Tuesday or Thursday 4:30pm

### Red & Purple Fliptastics

By skill recommendation

Monday 4pm

### Boys Fliptastics

Entering 1st Grade and up

Tuesday or Thursday 4:30pm

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Please see website for program details.

# Summertime Fun at Action Kids Athletics

Camp Tunz-a-Fun  
Adventure Camp



Swimming Lessons  
Children  
Adults



Birthday Parties

Pool Parties

Field Trips

Corporate Family Outings

Summer Slumber Parties

July...

August...

Bring your friends!!!

# Summer Classes



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